

CORONAVIRUS INFORMATION

What should I do if I feel sick?

Symptoms: shortness of breath, fever,
persistent dry cough

Nurse-on-Call (free, 24/7):
406-327-4770

Partnership Health Center:
406-258-4789

Call 2-1-1 for a list of free
healthcare providers

Missoula COVID-19 info line:
406-258-INFO (4636) M-F, 8a-5p

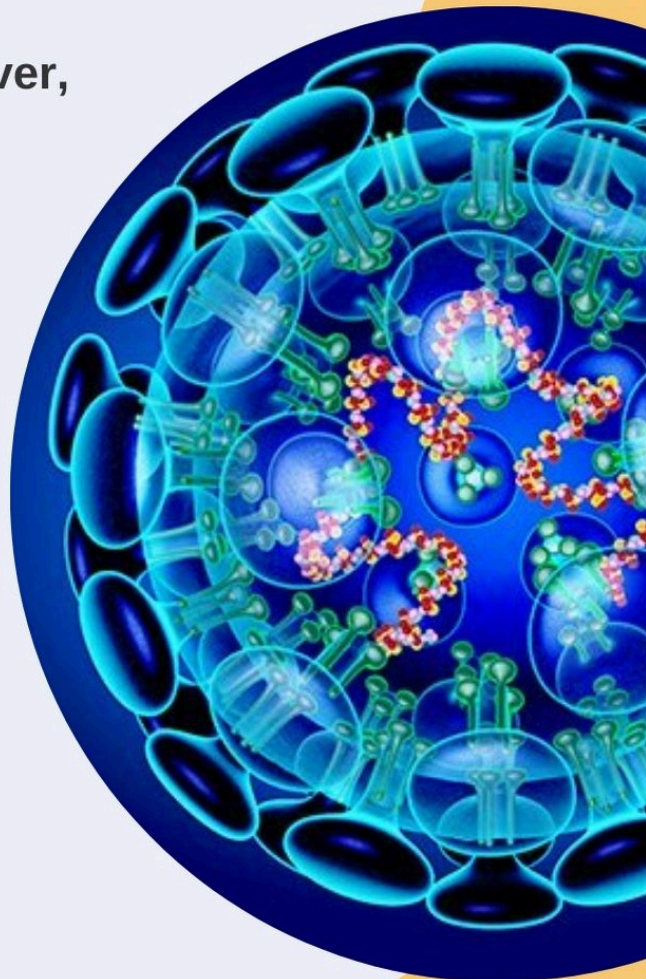
MENTAL & BEHAVIORAL HEALTH

Behavioral Health Urgent Care Clinic (WMMHC): 406-532-8994
(Walk-in mental health, substance use disorder services)

Montana Warmline: 877-688-3377, [MontanaWarmline.org](https://www.MontanaWarmline.org)
(Free, confidential service for emotional support and referrals)

Suicide Prevention Lifeline: 800-273-TALK (8255)
(24/7, free and confidential support)

Montana Crisis Text Line: Text "MT" to 741741
(Quick response to any behavioral health crisis)



Court Information

State, county and city court structures have said they are willing to work with justice-involved people during the pandemic to help meet court obligations, such as delaying fines, **but communication with the courts is essential!**

Justice Court: 406-258-3470, jpinfo@missoulacounty.us

Municipal Court: 406-274-8413, providing 60-day extension on payments during pandemic (by request only)

District Court: 406-258-4780, clerkofcourt@missoulacounty.us

RECOVERY SUPPORT

AA: www.aa-montana.org/covid19.php

NA: www.namontana.com/covid19.php

Shatter Proof: www.shatterproof.org

OTHER COMMUNITY RESOURCES

WELCOME BACK: 406-207-8228 EXT 5

- WelcomeBackMissoula.org
- Support for formerly incarcerated citizens
- Resources to help with housing & employment
- Mentoring support

Homeless Outreach Team: 406-493-7955

HOPE Mission: 406-549-4673

Missoula Food Bank: 406-549-0543

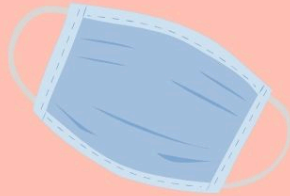
Unemployment Benefits: 406-444-2545

MIC Housing Advocate Network: 406-207-8228 EXT 5

Call 2-1-1 for more information

ARE YOU EXPERIENCING HOMELESSNESS?

+ STOP THE SPREAD OF CORONAVIRUS +



IF YOU HAVE A FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY

Stay isolated if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.



IF YOU SLEEP OUTSIDE, MAINTAIN PHYSICAL DISTANCE

Avoid groups
Don't shake hands
Avoid sharing cell phones, cigarettes, food and drinks.
Dispose of all waste in bags, separate from living space.

HOW TO PROTECT YOURSELF AND OTHERS



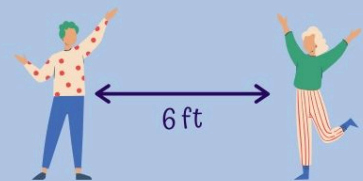
WASH YOUR HANDS OFTEN WITH SOAP AND WATER FOR AT LEAST 20 SECONDS



COVER YOUR COUGH



AVOID TOUCHING YOUR FACE, NOSE, AND EYES WITH YOUR HANDS



AVOID CONTACT WITH PEOPLE WHO ARE SICK & MAINTAIN PHYSICAL DISTANCING

MISSOULA CITY/COUNTY JOINT INFORMATION CENTER

COVID-19 info line: Call 406-258-INFO from 8 a.m. to 5 p.m. Monday through Friday OR visit <http://covid19.missoula.co/>

COMMUNITY RESOURCES*

Homeless Outreach Team
(406) 493-7955

Hope Rescue Mission
(406) 549-HOPE

Human Resource Council
2-1-1 or (406) 549-5555

Poverello Center
(406) 728-1809

YWCA
(406) 543-6691

YWCA 24 Hour Crisis Line
(800) 483-7858

Mental Health Crisis Line
(888) 820-0083

NURSE FIRST
Medical Questions
1-800-330-7847

Winds of Change
Mental
Health/Addiction
Services
(406) 541-4673

Partnership Health Center
(406) 258-4789

Open Aid Alliance & Peer Support
(406) 543-4770
Peer Support
(406) 209-8375

Family Promise Shelter
(406) 207-8228

Salvation Army
(406) 549-0710

**office hours and services may be impacted due to COVID-19*

TECH HUB at THE SALVATION ARMY



Access the Internet to apply for employment, search and apply for housing, check email, connect with family & friends and find resources!

Open April 13-approx. April 30th

Monday, Tuesday, Wednesday, Thursday: 10-11:30am

Laptops and iPads, Power Stations for Charging & Resources Provided

Three individuals will be able to use a laptop or iPad at a time for up to **30 mins**. Individuals and volunteers will be spaced 6 ft apart and will be required to wear masks and gloves.

Thank you for your cooperation!

Bathroom facilities will not be available.

Interested in volunteering? We need your help! Contact Katie at MIC at 406-285-1795.



Salvation Army
355 S. Russell St.
Missoula, MT 59801
(406) 549-0710

